

Let's eat

Here are a few fantastic recipes to help you make the most of your food and you can find more at lovefoodhatewaste.com

Recipes edited by Caroline Marson,
Cookery Adviser

Baked Apple Crisp

by the Women's Institute

Mix the melted butter with the remaining sugar, and stir in the flour and oatmeal until evenly mixed. Pour over apples. Bake for 35 minutes or until the top is golden brown and bubbling. Serve warm.

Serves 4

600g apples, peeled, bruises cut away, cored and sliced

165g soft brown sugar

2 teaspoons lemon juice

2 tablespoons water

4 tablespoons butter, melted, plus extra for greasing

40g plain flour

70g porridge oats

