

Walk Number 2



Basingstoke
and Deane

Self-guided walk around Eastrop Park and The War Memorial Park

Walking has a number of health benefits, including:

-  providing a sense of well-being and lifting the spirits.
-  boosting the body's immune system.
-  increasing the strength of your heart and lungs.
-  weight loss.
-  lowering blood pressure.
-  reducing stress.

Eastrop Park and The War Memorial Park

Walk Summary:

This walk takes you from this popular amenity park to the historic War Memorial Park and back. The walk has one uphill slope and good pathways. There is seating at various points along the way.

Distance:

Eastrop Park and The War Memorial Park. 2.3 miles.

Starting point:

Eastrop Park, lower car park, opposite the community centre. Suitable for wheelchairs and pushchairs.

Directions

1 Leave the car park and walk in the direction of the town centre. To your right is the model boating lake, and beyond the wildlife area and balancing pond.

2 Keep walking through the park. On your left you will see the children's play area and public conveniences. Further along to your right are the boating lake and paddling pool.

3 Follow the footpath out of the park and you will see the water features (seasonal) to your right. The town centre is straight ahead.

4 Bear left and cross the road into Eastrop Way. This is the uphill slope mentioned in the summary. On reaching London Road turn right, keeping to the footpath as far as the police station, cross the road to the Civic Offices.

5 Walk between the two council buildings. Directly in front of you is The War Memorial. Continue past The War Memorial, and enter the park through the large gates, bearing right, where you can stop and view the aviary and make use of the seating available.

Continued overleaf...

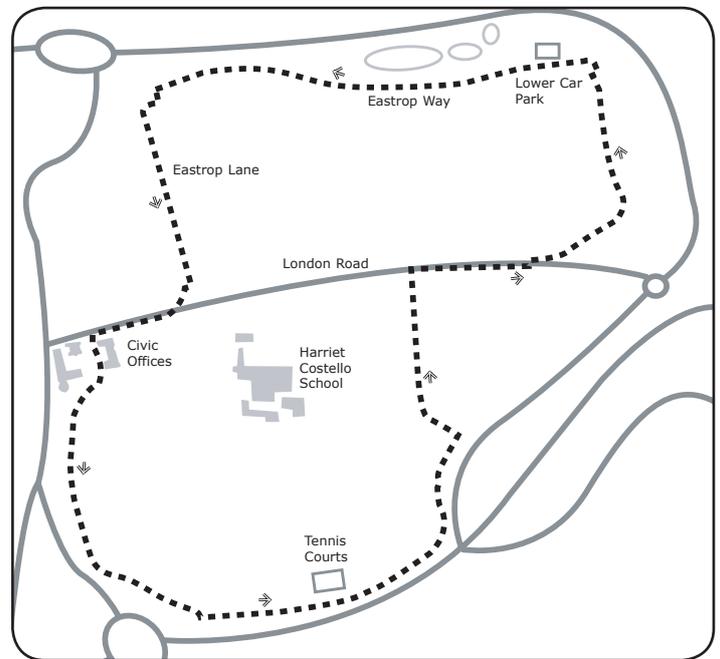
6 Continue along this pathway, which skirts the perimeter of the park, notice the bandstand to your right. Directly behind you will see the Hackwood Park Gates. The children's play area is further along to your left.

7 Follow the path out of The War Memorial Park. Before the underpass take a left turn along the footpath, passing the tennis courts to your left, then straight on through an avenue of trees.

8 When you reach a junction, take the left hand turn and walk up the gradual incline. Costello Technical College is on your left.

9 When you exit the park, turn right into London Road and continue along the footpath until you reach a cycle path crossing. Cross the road here and turn right into Dead Man Lane. Follow this cycle/footpath downhill until you reach a children's playground on the left. Bear right and immediately to your left is the footpath into Eastrop Park.

10 Turn left along the footpath. You have now returned to the car park.



Above: Map with the walk marked on



Image by Jo Andre



When taking your dog for a walk in any of our parks please be a responsible dog owner. You can help us to keep the parks and open spaces clean by following these simple rules.

- Use a poop-scoop to clean up after your dog.
- Ensure that you dispose of the poop-scoop in one of the special Dog Waste Bins provided in our parks.
- Don't allow dogs to foul childrens play areas.

We hope you have enjoyed your walk. If you have any comments about the footpath, or would like any further information, please contact the Environmental Rangers at:

Basingstoke and Deane Borough Council, Civic offices, London Road, Basingstoke, Hampshire, RG21 4AH
www.basingstoke.gov.uk • Tel. 01256 844844

Please dispose of this leaflet carefully