



Basingstoke
and Deane



Basingstoke and Deane **Over 55s** Directory



Contents

- 5  **Advice, support and safety**
- 10  **Home and finance**
- 12  **Health, care and carers**
- 19  **Social activities and learning**
- 32  **Transport**
- 33  **Disabilities**

Introduction

This directory is aimed at people aged over 55 living in Basingstoke and Deane, their carers, friends and relatives.

It aims to provide information to help people find organisations to help them with various aspects of life, such as activities, care and finances.

All information within this guide is correct at the time of going to press. However, the council does not provide these services and cannot therefore endorse them.

Over 55s



Age Concern Hampshire

A locally based charity supporting older people, their families and carers across Basingstoke and Deane and surrounding areas.

Tel: 01256 423874

Address: Age Concern, The Orchard, White Hart Lane, Basingstoke RG21 4AF

Email: info@ageconcernbasingstoke.org.uk

Web: www.ageconcernbasingstoke.org.uk

Basingstoke and Deane Over 55s Forum

A voluntary organisation for anyone in the borough over the age of 55.

Tel: 01256 412119

Email: gerald.merritt@ntlworld.com

Web: www.bdoover55sforum.btck.co.uk

Basingstoke First Thursday Club

An over 50s friendship club that meets on the first Thursday of every month.

Opening times: 7.30pm to 10pm first Thursday of every month.

Tel: 01256 411440

Address: The Barn, St Michael's Church Cottage, Church Square, Basingstoke

Advice, support and safety



Basingstoke Neighbour Care

Basingstoke Neighbour Care provides transport to medical appointments, shopping and befriending.

Tel: 01256 423855

Email: info@neighbourcare.com

Web: www.neighbourcare.com

Basingstoke Rape and Sexual Abuse

Crisis Centre (BRASACC)

Provides support and counselling to anyone male or female over the age of sixteen who has suffered any form of childhood sexual abuse, or sexual assault, or rape, whether recent or historic. Also offers telephone support for their partners and/or relatives.

Crisis Line: 01256 423890

Monday to Thursday from 7pm to 9pm with 24 hour answer phone.

Tel: 01256 423810 (with 24 hour answer phone).

Email: admin@brasacc.com

Web: www.brasacc.com

Advice, support and safety



Citizens Advice Basingstoke (CAB)

They offer free, independent, confidential and impartial advice to everyone regardless of their circumstances or who they are. They value diversity, promote equality and challenge discrimination. Free advice is given on many subjects including employment, discrimination, benefits, tax credits, relationships, debt and housing.

There are two offices in the borough (Basingstoke and Tadley):

Tel: 0344 4111306 or 0300 3300 650

Website: www.basingstokeandtadleycab.org.uk

Basingstoke CAB

Telephone service, drop in and appointments

Website: www.basingstokeandtadleycab.org.uk

**Address: 19-20 Westminster House, Basingstoke, RG21 7LS
(in Basingstoke Discovery Centre, Festival Place)**

Opening hours: Monday, Tuesday and Friday 10am to 3.30pm.

Wednesday 10am to 6.30pm. Saturday 10am to 12noon.

Thursday 10am to 3.30pm (Telephone service and pre booked specialist appointments only).

Citizens Advice Tadley

Website: www.basingstokeandtadleycab.org.uk

Address: Franklin Avenue, Tadley, Hants, RG26 4ET

Opening hours: Monday and Thursday 10am to 3.30pm.

Tuesday, Wednesday and Friday 10am to 1pm

Tadley also offer evening appointments on a Thursday.

Advice, support and safety



Cruse Bereavement Care

Provides a telephone helpline and trained volunteers provide face-to-face support and practical advice in branches.

Tel: 0844 330 3701

Email: northhampshire@cruse.org.uk

Integrated Domestic Abuse Service for Hampshire

Provides support, advocacy, help and guidance to female and male victims and survivors of domestic abuse.

Tel: 0330 016 5112

Email: spoc@theyoutrust.org.uk

Relate Basingstoke

Relate is a charity that works to promote healthy relationships and provides counseling for couples, children and families.

Tel: 0845 0704327

**Address: The Manor House, Lutyens Close,
Chineham Court, Basingstoke, Hampshire RG24 8AG**

Advice, support and safety



The Samaritans

Samaritans provides confidential, non-judgemental emotional support 24 hours a day for people who are experiencing feelings of distress and despair.

Tel: 08457 909090

Email: jo@samaritans.org.uk

Web: www.samaritans.org.uk

Soldiers, Sailors, Airmen and Families

Association (SSAFA) Forces Help

SSAFA provides help and support for people who serve and have previously served in the armed forces. Also provides care for the families of both.

Tel: 07807 668 398

Email: basingstoke@hampshiressafa.org.uk

Web: SSAFA.org.uk

Address: SSAFA Forces Help Office, Blighmont TA Centre, Millbrook Road West, Southampton SO15 0AJ

Solent Mind

Anyone who is sectioned under the Mental Health Act has a right to see an Independent Mental Health Advocacy Service. Solent Mind is a charity providing this in North Hampshire.

Tel: 01256 328080

Address: 54 Southern Road, Basingstoke RG21 3EA

Advice, support and safety



SPECTRUM Centre for

Independent Living

SPECTRUM supports disabled people and other service users who live independently. They help people to speak up for themselves and campaign for their rights.

Tel: 02380 330 982

Textphone (minicom): 02380 202 649

Email: info@spectrumcil.co.uk

Web: www.spectrumcil.co.uk

Speakeasy Advocacy

Speakeasy Advocacy gives a voice and support to people with learning disabilities, autism and Asperger syndrome in Basingstoke.

Tel: 01256 332795

Web: www.speakeasyadvocacy.org.uk

Address: 17 New Road, Basingstoke RG21 7PR

Victim Support

Victim Support is a charity that supports victims of crime

Tel: 02380 240616 or 08 08 16 89 111

Web: www.victimsupport.org.uk

Home and finance



Basingstoke and Deane Borough Council

The local authority for housing, housing and council tax benefits, environmental protection, planning, , leisure and recreation in the borough.

Tel: 01256 844844

Email: info@basingstoke.gov.uk

Web: www.basingstoke.gov.uk

Street cleansing and waste and recycling services in the borough

Email: customer.service@basingstoke.gov.uk

Address: Civic Offices, London Road, Basingstoke, RG21 4AH

Basingstoke County Court

The court deals with issues such as claims for debt repayment, personal injury, breach of contract, family issues and housing disputes.

Tel: 01256 381200

Web: www.courtservice.gov.uk

**Adress: The Court House, London Road, Basingstoke
RG21 4AB**

Basingstoke Job Centre

Supporting people of working age from welfare into work, and helping employers to fill their vacancies.

Tel: 0345 6043719

Web: www.gov.uk

**Address: Crown Buildings, Winchester Road, Basingstoke,
Hampshire, RG21 8ES**

Home and finance



Community Furniture Project

- Basingstoke

Provides low cost second hand furniture and other items.

Tel: 01256 320700

Email: enquiries@cfpbasingstoke.org.uk

Web: www.cfpnewbury.org/basingstoke.php

**Address: 5/6 Joules Road, Houndmills,
Basingstoke RG21 6XH**

Health, care and carers



Alzheimer's Society Basingstoke and District Branch

Alzheimer's Society is a membership organisation, which works to improve the quality of life of people affected by dementia.

Tel: 01256 363393 Web: www.alzheimers.org.uk

Address: 8 Chequers Road, Basingstoke RG21 7PU

Basingstoke and Alton Cardiac Rehabilitation

Basingstoke and Alton Cardiac Rehabilitation helps people to recover and then maintain their health and fitness, after heart attacks and heart operations, and also those at risk, who GPs can refer, for courses of exercise and health education.

Tel: 01420 544794

Email: hearty@cardiac-rehab.co.uk

Web: www.cardiac-rehab.co.uk

Basingstoke and District Counselling Service

Basingstoke and District Counselling Service provides responsive, professional and affordable counselling in the Basingstoke area.

Tel: 01256 843125

Email: info@basingstokecounselling.org.uk

Address: Goldings, London Road, Basingstoke RG21 4AN

Health, care and carers



Basingstoke Breast Cancer Self Help Group

Basingstoke Breast Cancer Self Help Group is a support group that meets once a month, for women who have or have had breast cancer.

Tel: Mrs Angela Bennett 07939 641187

Email: vbennett@btinternet.com

Web: www.basingstokebreastcancer.org.uk

Carers Together

Carers Together provides a voice for relatives, friends or neighbours who are caring for, or arranging care, for someone else. It represents carers views and needs at county level. It is an independent organisation run by carers for carers.

Tel: 01794 519495

Email: wendy.gannon@carerstogogether.org.uk

Web: www.carerstogogether.org.uk/

Address: Glebe Hall, Near St Michaels Church, Church Square, Basingstoke, RG21 7QW

Community Independence Team

Provides support, advice and guidance on a range of issues for older people beginning to experience difficulties with every day activities. Specialist help can be organised through the team.

Tel: 01256 362057

Email: CIT.North@hants.gov.uk

Health, care and carers



Hampshire County Council Adult Services

Hampshire County Council Adult Services team provides care and support information and advice to everyone and services to people with eligible care needs.

Tel: 0300 555 1386

Website: www.hants.gov.uk/socialcareandhealth/adultsocialcare

Hampshire Friends with ME

Hampshire Friends with ME provides a monthly support group in Basingstoke which is run by and for sufferers of ME/CFS and their carers and families.

Opening times: The Basingstoke group meets once a month on a Thursday, 12 noon until 2pm.

Tel: 0845 834 035

Email: membership@hantsmesupport.co.uk

Web: www.hantsmesupport.co.uk

Address: C/o The Community Centre, Brinton Lane, Hythe, Southampton SO45 4DU

Headway Basingstoke

Headway is a charity set up to give help and support to people affected by brain injury.

Tel: 01256 314969

Address: Fairway House, Parklands Hospital, Aldermaston Road, Basingstoke RG24 9RH

Web: www.headway.org.uk

Health, care and carers



Health Walks

Organised by Basingstoke & Deane Borough Council these are regular walks in various locations, lead by volunteers.

Tel: 01256 844844

Loddon Valley Day Care Centre

The centre provides valuable respite care for the elderly/vulnerable people in and around the Tadley area.

Opening times: 10am to 3pm on Wednesdays and Thursdays.

Tel: 07501 406573

Address: Ambrose Allen Centre, Franklin Avenue, Tadley RG26 4ET

Macular Society Support Group

A support group for sufferers of macular disease.

Opening times: 10am to 12pm, first Thursday of every month (excluding August).

Tel: 01183 278 231

Address: Church Cottage, Church Square, Basingstoke RG21 7QW

Multiple Sclerosis Society

Multiple Sclerosis Society offer friendly advice and support for people with MS, their families, friends and carers.

Tel: 01256 352625

Email: BMSSocSupport@live.com

Health, care and carers



Next Step – Bereavement Support

Next Step – Bereavement Support has regular support groups meeting in central Basingstoke.

Tel: 01256 780095

Basingstoke and North Hampshire

Hospital

Tel: 01256 473202

Web: www.hampshirehospitals.nhs.uk

Health Information Point

Free, confidential service providing information about medical conditions, treatments, support and healthy living.

Tel: 01256 313969

Email: health.info@hhft.nhs.uk

Address: Basingstoke and North Hampshire Hospital, Aldermaston Road, Basingstoke RG24 9NA

Hampshire Hospitals Palliative Care Service

North Hampshire Palliative Care Service aims to improve the quality of life and experience of patients and their families who are dealing with illnesses, which are progressing and for which active treatments cannot produce a cure.

Tel: 01256 314729

Email: hhpcs@hhft.nhs.uk

Health, care and carers



Options Gambling Counselling Service

A free specialist counselling service for individuals, their spouses, partners and families who are experiencing difficulties resulting from a gambling addiction problem.

Tel: 01256 843203

Web: www.optionscounselling.co.uk

Address: 51 Hackwood Road, Basingstoke RG21 3AE

The Stroke Association

- Basingstoke Support Group

The Stroke Association- Basingstoke Support Group is a charity concerned with combating strokes in people of all ages.

Tel: 07340 306778

Email: BasingstokeSAVG@Stroke.org.uk

Social activities and learning



Adult and community learning

A full range of vocational, leisure and recreational courses is available to adults at a number of locations around the borough.

Web: www.basingstoke.gov.uk/browse/community-and-living/education-and-learning/adult-and-community-education/adult-and-community-learning.htm

Leisure Courses

Basingstoke College of Technology offers some leisure Courses, providing the chance to meet new people whilst Learning new or developing current skills.

Tel: 01256 306484

Email: information@bcot.ac.uk

Web: www.bcot.ac.uk

Address: Worting Road, Basingstoke, RG21 8TN

Age Concern Hampshire

Offers a range of services including social clubs, computer learning and a friendly café.

Opening times: The café is open 10.30am to 1pm on Wednesdays at St Michael's Church Cottage.

Tel: 01256 423874

Email: info@ageconcernbasingstoke.org.uk

Web: www.ageconcernbasingstoke.org.uk

Address: Age Concern, The Orchard, White Hart Lane, Basingstoke RG21 4AF

Social activities and learning



Aerobility

Aerobility enable disabled people, no matter what their impairment, to experience the magic of flying a light aircraft. You can start with an introductory lesson and then, if 'bitten by the flying bug' we can teach you to fly yourself. Maybe even ultimately obtain a private pilot's licence.

Tel: 0303 303 1230

Email: info@aerobility.com

Web: www.aerobility.com

Address: Aerobility, Blackbushe Airport, Hampshire GU17 9LQ

Anvil Arts

Anvil Arts is the largest performing arts organisation in Hampshire, and runs The Anvil, The Haymarket and The Forge in Basingstoke.

Tel: Box Office: 01256 844244

Email: box.office@anvilarts.org.uk

Address: The Anvil, Churchill Way, Basingstoke RG21 7QR

The Forge (at The Anvil), Churchill Way, Basingstoke

The Haymarket, Wote Street, Basingstoke RG21 7NW

Basingstoke Astronomical Society

Promotes and encourages all aspects of astronomy.

Email: basingstokeas.org.uk@gmail.com

Web: www.basingstokeas.org.uk

Address: Cliddesden Primary School, Cliddesden, Basingstoke RG25 2QU

Social activities and learning



Basingstoke and District Beekeepers Association

The Association has a membership of over 100 local beekeepers and welcomes anyone interested in keeping colonies of honeybees. A four-part training course is held each year, in addition to monthly practical sessions from April to October. There are monthly evening meetings with speakers between September and April.

Email: bdbka.sec@gmail.com

Web: www.basingstoke-beekeepers.org.uk

Basingstoke and District Model Engineering Society

The aim of the society is to maintain and preserve parts of England's industrial heritage captured in miniature, and to also educate and teach youngsters of today about making and running miniature engines and other machines.

Tel: 01420 543581 Web: www.basingstoke-dmes.co.uk

Address: Unit 5 Viabes Craft Centre, Basingstoke RG22 4BJ

Basingstoke and District Railway Society

The Society was formed in 1974 with the objective of providing lectures, films, illustrated talks and other entertainment on matters concerning railways, including organised tours and journeys of railway and associated interest. The Society usually meets on Wednesday evenings twice a month at The Wote Street Club in Basingstoke town centre.

Social activities and learning



Tel: 01256 331002

Email: secretary@bdrs70d.com Web: www.bdrs70d.com

Basingstoke and North Hants Model Railway Society

Email: secretary@bnhmrs.hampshire.org.uk

Web: www.bnhmrs.hampshire.org.uk

Basingstoke Blues Club

A blues club which offers regular jamming sessions and hosts a variety of bands and gigs.

Opening Times: meets the first Saturday of the month.

Tel: 01256 324313 Email: ted@basingstokebluesclub.co.uk

Address: The Moose Centre, Churchill Way, Basingstoke RG21 7QU

Basingstoke Bridge club

Tel: 01189 813210 Email: helen.kinloch@btinternet.com

Web: www.basingstokebridgeclub.org.uk

Basingstoke Camera Club

Aims to promote photography to all.

Opening times: Thursdays September to May at 7.45pm

Address: Oakridge West Community Association, Upton Crescent, Basingstoke, Hants, RG21 5SN

Social activities and learning



Basingstoke Chess Club

Tel: 01256 469749

Email: joefrench86@hotmail.com

Web: www.basingstokebridgeclub.org.uk

Basingstoke Concert Club

The club presents six concerts per year in Basingstoke. Please see website for details of forthcoming events.

Web: www.basingstokeconcertclub.org.uk

Basingstoke Discovery Centre

The full range of library services is available including books, audiobooks and magazines for loan in a variety of formats. Free use of including internet ready computers and wifi. Activities for children and families and clubs. Events programme and volunteering opportunities are also available. There is also a coffee shop and rooms for hire.

Opening times: Monday to Friday 8.30am to 6.30pm and Saturday 8.30am to 4.30pm.

Tel: 0300 555 1387

Web: www3.hants.gov.uk/library-basingstoke

Address: 19/20 Westminster House, Festival Place, Basingstoke RG21 7LS

Social activities and learning



Basingstoke Heritage Society

Review planning applications and offer comments to the council, keep photographic records of town developments, maintain an interest in important trees and hedgerows, install commemorative plaques in places of historical significance, make occasional visits to places of local interest and report on matters detrimental to the appearance and well-being of the town.

Tel: 01256 473390 **Web:** www.bas-herit-soc.org

Basingstoke Horticultural Society

Provides opportunities and facilities for the enhancement of knowledge and interest in all aspects of horticulture and gardening.

Tel: 01256 324185 **Email:** philip.wraight@btinternet.com

Address: Kempshott Village Hall Stratton Park off Pack Lane Kempshott Basingstoke RG22 5HN

Basingstoke Irish Society

A social club and members' bar. Activities include children's Irish dancing, set dancing and card playing. Regular dances and Irish music nights along with frequent family nights and an annual Irish festival.

Tel: 01256 353143

Email: secretary@basingstoke-irish.com

Address: The Irish Centre, Council Road, Basingstoke RG21 3DH

Social activities and learning



Basingstoke Ladies Choir

A 50-strong choir who sing all styles of music, from secular to folk and show-stoppers to the latest chart-busters.

Tel: 01256 783000

Email: heyjude25@gmail.com

Web: www.basingstokeladieschoir.co.uk

Basingstoke Male Voice Choir

Opening times: 7.30pm to 9.30pm on Mondays

Tel: 01256 881504

Email: contact@basingstoke.mvc.org.uk

Web: www.basingstokemvc.org.uk

Address: United Reformed Church, London Street, Basingstoke RG21 7NU

Basingstoke Mencap Greenfingers

Project

Mencap works with people with a learning disability to change laws, challenge prejudice and support them to live their lives as they choose.

Web: greenfingers@basingstokemencap.org.uk

Address: Basingstoke Mencap Services - Greenfingers Project, Elizabeth Road Allotments, Basingstoke RG22 6AX

Social activities and learning



Basingstoke Sequence Dance Club

Sequence dancing is one of the most popular forms of social dancing.

Opening times: Mondays (excluding Bank Hols)
7.45pm to 10.15pm

Tel: 01256 411440

Address: The Barn, St Michael's Church Cottage, Church Square, Basingstoke

Basingstoke Silver Band

The Basingstoke Silver Band has been playing in and around Basingstoke, Hampshire for over 100 years. They have training band for those who want to learn to play or are coming back to banding after years away.

Tel: 01420 561772

Web: www.basingstokebrass.co.uk

Basingstoke Sports Centre

We have a whole range of activities available, from senior swims to exercise classes to Badminton and much more. For further information, please visit our website or give us a call.

Tel: 01256 326331

Email: enquiries@sportscentre.org.uk

Web: www.mybst.org

Address: Basingstoke Sports Centre, Festival Place, Basingstoke RG21 7LE

Social activities and learning



Basingstoke and Deane Community

Leisure Trust

The trust manages the Basingstoke Aquadrome, Basingstoke Golf Centre, and Tadley Pool. For a full list of facilities please see the website.

Basingstoke Aquadrome: Tel: 01256 472343

Basingstoke Golf Centre: Tel: 01256 350054

Address: Worting Road, Basingstoke RG22 6PG

Tadley swimming pool: Tel: 01189 817818

Address: New Road, Tadley RG26 3LA

Web: www.basingstokeleisure.com

Basingstoke Symphony Orchestra

Performs regular concerts at local venues.

Web: www.bso.org.uk

Basingstoke Voluntary Action

BVA supports charitable organisations across Basingstoke and Deane as well as helping local residents find interesting volunteering opportunities. BVA has a wealth of information on charitable services, activities and support therefore if you need help from a charity BVA can help you identify it.

Tel: 01256 423816

Email: admin@bvaction.org.uk

Web: www.bvaction.org.uk

**Address: The Orchard, White Hart Lane, Basingstoke
RG21 4AF**

Social activities and learning



Central Studio Theatre company

A non-professional theatre group interested in producing unusual and innovative theatre.

Tel: 01256 418318

**Address: Queen Marys College, Cliddesden Road,
Basingstoke, Hampshire RG21 3HF**

Forever Young

A gentle circuit based exercise class for mature people. £5 per class. Tea and coffee at the end. Every Monday 11am to 12.30pm

Tel: 07787 558221

**Address: Queen Marys College, Cliddesden Road,
Basingstoke, Hampshire RG21 3HF**

The Harrow Way over 55's club

Meets every other Wednesday at Viabes Community Centre 1pm to 4pm. There is always a speaker, tea, coffee and biscuits, a book swap and a chance to meet new people.

Tel: 01256 324012

**Address: Queen Marys College, Cliddesden Road,
Basingstoke, Hampshire RG21 3HF**

Social activities and learning



Libraries

Hampshire County Council's libraries provide far more than books. There are DVDs, talking books, digital media and they host events and social activities; from knitting groups to learning computer skills.

Opening times: Weekdays only

Tel: 0300 555 1387

Web: www.hants.gov.uk/library

Lunch Clubs

Lunch clubs provide mental and social stimulation with a meal which helps people enhance the quality of their lives. Search for lunch clubs in your area on Hampshire County Council's website, Connect to Support Hampshire, which is a one stop shop for those with care and support needs.

Tel: 0300 555 1386

Email: www.hants.gov.uk/connectsupport

The Memory Box Project

The Memory Box Project is an exciting reminiscence project with the aims to engage, support and share memories with people living with Dementia in Hampshire.

Email: sarah@wessexhertigetrust.org

Milestones Museum

Hampshire's living history museum.

Tel: 01256 477776 Web: www3.hants.gov.uk/milestones

Address: Leisure Park, Churchill Way West, Basingstoke

Social activities and learning



North Hampshire Wine Society

A friendly and informal group who get together once a month to enjoy a glass of wine.

Opening times: 7.45pm, fourth Wednesday of each month.

Email: secretary@north-hampshire-wine-society.org.uk

Web: www.north-hampshire-wine-society.org.uk

Address: School Room, St. Michaels Church Rooms, Church Square, Basingstoke, RG21 7QW

Parability Basingstoke Services

To help build a society without discrimination or barriers where we all find ways to help each other. We offer an Activity And Social Group which is open to all ages and abilities to help people remain fit, active and independent as well as find ways to help each other.

Tel: 07982 925709 Email: enablement@parability.org

Facebook: www.facebook.com/Parability.Basingstoke

Web: www.parability.org

Address: Adult Education, Queen Mary's College, Cliddesden Road, Basingstoke RG21 3HF

Queen Mary's College

You will find a wide variety of learning opportunities for adults to meet a variety of levels of interest many leading to qualifications.

Tel: 01256 417517

Email: adult.education@qmc.ac.uk

Web: www.qmc.ac.uk

Address: Adult Education, Queen Mary's College, Cliddesden Road, Basingstoke RG21 3HF

Social activities and learning



Rotary Club Basingstoke and Deane

Social, activities and fundraising organisation.

Tel: 01256 320871

Rotary Club Basingstoke Loddon

Social, activities and fundraising organisation.

Tel: 07521 042317

Email: jkustner@gmail.com

Sports clubs across Hampshire

and the Isle of Wight

Details of numerous sports clubs and facilities can be found on the Energise Me website.

Web: www.energiseme.org

The University of the Third Age

Self-helped, self-managed lifelong learning co-operatives for older people no longer in full time work. Provides an opportunity to share experiences and pursue learning for fun.

Basingstoke: Tel: Diana Goodwin 01256 771855

Address: St Mary's Hall, High Street, Overton, Basingstoke RG25 3HA

Old Basing: Tel: 01256 762989

Web: www.basingstokeoldbasingu3a.co.uk/

Social activities and learning



Viabes Memory Club

Viabes Memory Club working in partnership with a range of local agencies provides pastimes and companionship for people with early stage dementia.

Sessions will run every Friday from: 10am to 12pm and 1pm to 3pm. Lunch from 12pm to 1pm. Cost per session: £4 (optional lunch extra £3.50).

Tel: 01256 473634

Address: Viabes Community Centre, Viabes Craft Centre, The Harrow Way, Basingstoke RG22 4BJ

Vue Cinema

Tel: 08712240240

Email: customerservices@vuemail.com

Web: www.myvue.com

Address: Leisure Park, Churchill Way West, Basingstoke RG21 2YR

Willis Museum

Basingstoke and Deane's past, from the rich archaeological heritage beneath our feet right up to the modern day.

Opening Times: Monday to Friday 10am to 5pm, Saturday 10am to 4pm.

Tel: 01256 465902

Address: Old Town Hall, Market Place, Basingstoke RG21 7QD

Transport



Basingstoke Dial a Ride

Dial a Ride is a door to door service for anyone who finds it difficult or impossible to use ordinary bus services.

Tel: 01256 462101

Address: White Ditch Playing Field, Sherborne Road, Basingstoke RG21 5UT

Basingstoke Community Transport

Specialises in the transportation of the mobility impaired in the local community. Provides a door to door service.

Tel: 01256 320501

Address: Chute House, Church Street, Basingstoke RG21 7QT

Basingstoke Neighbour Care

Basingstoke Neighbour Care provides transport to medical appointments, shopping and befriending.

Tel: 01256 423855

(see also Advice, Support and Safety section)

Stagecoach

Local bus service.

Tel: 0871 200 22 33 (calls cost 10p per minute plus network extras.)

Email: enquiries.south@stagecoachbus.com

Disabilities



Audleys Resource Service

Audleys Resource Service is a progressive day resource for people with physical disabilities aged 16 to 64+.

Tel: 01256 326404

Address: Alton Road, Basingstoke, Hampshire RG25 2JT

Basingstoke and Deane Borough

Council assisted refuse collection

The council provides an assisted collection for residents who are unable to put their bin out for collection due to disability or infirmity.

Tel: 01256 844844

Email: waste@basingstoke.gov.uk

Web: www.basingstoke.gov.uk/55refuse

Basingstoke Dial a Ride

Dial a Ride is a door to door service for anyone who finds it difficult or impossible to use ordinary bus services.

Tel: 01256 462101

Address: White Ditch Playing Field, Sherborne Road, Basingstoke RG21 5UT

Disabilities



Basingstoke and District Disability Forum

Aims to give a voice to anyone with any disability in the Basingstoke and Deane area. It has also produced an introduction leaflet and series of signpost leaflets to provide information for people with disabilities.

Tel: 01256 423869

Email: info@bddf.org.uk **Web:** www.bddf.org.uk

Address: The Orchard, White Hart Lane, Basingstoke RG21 4AF

The British Polio Fellowship

The British Polio Fellowship seeks to empower and support all people in the UK living with the effects of polio by campaigning, providing information, advocacy and welfare support and by raising the profile of its work.

Freephone 0800 018 0586

Email: info@britishpolio.org.uk
or infobenefits@britishpolio.org.uk

Address: The British Polio Fellowship, Eagle Office Centre, The Runway, South Ruislip, Middlesex HA4 6SE

Library services

Hampshire Libraries offer a number of services for older people and people with disabilities, including a Home Library service for those who cannot get out.

Website: www.hants.gov.uk/library/servicesforyou

Disabilities



Remap

Remap is a national charity with hundreds of volunteers who love making things for disabled people. We design and custom-make equipment and everything is provided free of charge! We aim to help people achieve independence and quality of life, filling the gap where no suitable equipment is available commercially.

Tel: 01256 225633 or 0118 9700 100

Shopmobility Basingstoke

Shopmobility Basingstoke provides facilities for those with mobility challenges and has a wide range of equipment for all abilities. The service is available to all ages whether the lack of mobility is temporary or otherwise. Powered scooters, electrical and manual wheelchairs together with 4-wheeled walking frames are available to use in the town centre or to hire for days out, holidays and use at home. Full training is given.

Tel: 01256 476066

Web: www.shopmobilitybasingstoke.org

Address: Church Street, Basingstoke RG21 7QQ

Thrive Trunkwell Garden Project

Thrive Trunkwell Garden Project is a charity that uses gardening to change lives. Therapeutic gardening scheme enabling anyone with a disability to take part in, benefit from and enjoy gardening.

Tel: 0118 988 5688 Web: www.thrive.org.uk

Address: Thrive, The Geoffrey Udall Centre, Beech Hill, Reading RG7 2AT

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Website: www.basingstoke.gov.uk

Tel: **01256 844844**

(lines are open from 8.30am to 5.30pm Monday to Thursday
and 8.30am to 5pm Friday, closed Bank holidays)

Address: **Basingstoke and Deane Borough Council,
Civic Offices, London Road, Basingstoke RG21 4AH**

Reception open 8.30am to 5pm Monday to Thursday,
8.30am to 4.30pm Friday, closed bank holidays

**For a large print copy of this
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